

THE WDMH FOUNDATION NEWSLETTER

2023 Issue II

**Welcome to this edition of *Because of You*.** We are excited to share news about what's happening at the WDMH Foundation, Winchester District Memorial Hospital and Dundas Manor Long-Term Care Home. Most of all, we want to share the impact that our amazing donors – like you - have every day in helping to support health care close to home.

To begin, here is an update on the latest pieces of equipment to arrive at Winchester District Memorial Hospital – thanks to amazing donors like you!

## **Better Training – Because of You**

**W**inchester District Memorial Hospital (WDMH) is committed to learning. In fact, it is one of our core values and has been for years. The better trained our health care team is, the better care we can provide. Now, because of our generous donors, three new training manikins have been purchased to support infant, child and adult patient care.

“We are not talking about the mannequins you see on display in store windows. These manikins are so much more!” explains Kyle Jones, Manager, Education and Project Management. “These remarkable manikins are being used to train staff, physicians, and students by providing realistic simulations of real medical scenarios. These scenarios can be repeated over and over to help with the learning process - giving staff time to practice the skill, think through their care plan, and most importantly, ask a lot of questions.”

More than two dozen staff and physicians have completed the two-day training program. It involves using computer software to create simulations and customize scenarios. In the future, training will also be offered to staff from other area hospitals.

“We know that when our team feels supported, trained, and confident, they are more likely to stay at WDMH,” adds Kyle Jones. “Our teaching programs have helped us immensely with recruitment and retention over the years – for both nurses and physicians.”

We are so grateful to our generous donors who are helping to support ongoing learning at WDMH.



*The training manikins offer realistic simulations for the WDMH team.*



***Thank you for caring!***



# MAKING A DIFFERENCE

*Big or small, every community event makes an impact and we are so grateful.*

Contact Justine Plummer at 613-774-2422 ext. 6172 or [jplummer@wdmh.on.ca](mailto:jplummer@wdmh.on.ca) to learn more.

## They Really Care!

Thank you to the Dairy Producers of Stormont, Dundas and Glengarry, the event committee, sponsors, auction item donors, and everyone who attended Dairy



Cares 4 SD&G. \$187,488.12 was raised for local hospitals in our region, including \$62,996.04 for the WDMH Foundation!

It truly was an evening where one hard-working industry showed appreciation and gave back to another!



## It's Not Trivial

It was no joke on April Fool's Day when friends came together for the Russell Trivia Night in support of the WDMH Foundation. And by the time the final game was played, \$6,461.33 had been raised for the Foundation's General Equipment Fund! Our thanks to Connie Johnston and Russell Trivia Services for a first-class competition and to everyone who came to play or provided an auction item.



## Shroomfest Does it Again

Every year, a group of community-minded men come together for Shroomfest. This energetic group raised \$123,500 for local charities and initiatives – and the WDMH Foundation was one of them. Recently, the organizers presented a cheque for \$5,000 for our General Equipment Fund. We are so grateful!



## We're Smiling!

The Tim Hortons Smile Cookie Campaign came a little earlier this year – and clearly our community was ready! Between May 1st to 7th, customers purchased close to 15,000 cookies at the Tim's locations in Winchester, Morrisburg and Long Sault. \$22,352.98 was donated to our General Equipment Fund. That's almost double the amount raised last year. Yum!



## Giving Back

It was an evening of celebrating special people who have made a difference in their community – and the WDMH Foundation was honoured to be part of it! In April, the Dundas Federation of Agriculture hosted its Hall of Fame and Gala and \$6,500 was raised for our General Equipment Fund. Thank you!



# Neighbourhood News

The WDMH Foundation is proud to be part of a caring community of health partners. Together with Winchester District Memorial Hospital, Dundas Manor Long-Term Care Home, and the Community Care Building, we are providing health care close to home for our local communities – from babies to seniors. And our local communities support us every step of the way. Here are some updates from our neighbours!

## New Support in the Emergency Department

Waiting for care in a hospital emergency department can be hard. But a new volunteer pilot program at WDMH is helping to make it a little easier. Retired healthcare professionals are spending time in the waiting room, supporting patients with a helping hand and a listening ear. Patients are pleased to have someone to talk to, ask questions, and advocate on their behalf. Often, it's the little things that make a big difference in helping to relieve anxiety and make the wait a little more comfortable.

Debra McLean helped to launch the program and is the first person to volunteer in this new role. As an added bonus, Debra is able to bring her therapy dogs with her. "Ceilidh and Annie are a part of every visit I make to the Emergency Department. We are a team!" she says.

For more information, please email [dmclean@wdmh.on.ca](mailto:dmclean@wdmh.on.ca).



Clinical Manager Shannon Horsburgh (left) with Debra McLean, Ceilidh and Annie

## It Was Magic!

On July 12th, the sun smiled down on Dundas Manor as residents, families, staff and community members came together to celebrate 45 years of caring. The afternoon included a Manor Market of wonderful auction items, a quilt raffle – and, of course, strawberries, ice cream, and birthday cake. And did we mention that Elvis stopped by to entertain everyone?

During the event, Staff Service and Commitment Statement Awards were presented to deserving Dundas Manor staff. The day also provided an opportunity to look back on four decades and look forward to the new Dundas Manor, which is slated to begin construction this fall. What a celebration!

Happy Birthday Dundas Manor!





# Expanding the circle of compassionate care

LET'S BUILD THE NEW DUNDAS MANOR.



Dundas Manor inspires happiness and joy.  
But our building does not.

Dundas Manor is a place of joy and happiness, jokes, prayers, and peace. It is filled with activities, books, exercise, music, and balloon fights. Life at Dundas Manor is all about living – with care and compassion. From venturing out to local fairs to a toe-tapping fiddler in the living room, there is always something happening.



## Dundas Manor...right now

Dundas Manor is warm and cozy – but it is also crowded and dated. It was built in 1978 for 60 residents. While 38 beds were added over the years, the kitchen, dining areas and gathering spaces didn't change.

The dining space is so limited that some residents literally eat their meals in the hallway. Staff members work in offices that used to be closets. Two people can barely pass by one another in the narrow hallways. The building is deteriorating, and renovations are not practical or cost effective. It's time for a brand new, larger, safe, and comfortable home.

## The new Dundas Manor ... we can't wait!

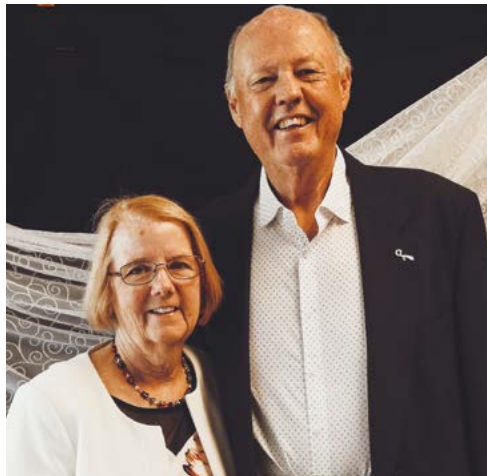
The new home will have four resident home areas, called Homesteads. Each one will have a wonderful gathering space as well as beautiful outdoor gardens nearby. Hallway dining will be a thing of the past as there will be four large, bright dining rooms with enough space for everyone. All rooms in the new home will have only one or two residents – and everyone will have a window view, which is not the case now.

Current and future residents – and our local communities – rely on Dundas Manor to provide 24/7 care, 365 days a year. We need to keep caring for those residents in a new, safe Dundas Manor. They deserve nothing less.



# Meet Some of Our Dream Team!

We are a community that looks out for each other. We push cars out of snowbanks in the winter. Lend a hand fixing a lawn mower. Buy coffee for the person in line behind us. Offer support in times of need. Coming together to build the new Dundas Manor is no different. Thank you to everyone who has already made a donation to support the dream. We are pleased to share just a few of their stories.



## Bob & Sandra Weagant

Our connection to Dundas Manor goes back many years because several of our close relatives have made their homes there. We want to help make a difference by seeing a new modern up-to-date home for residents and staff – including people who have made this community what it is today.

In the future, we may live in this facility ourselves and we need it to be safe, with current standards of care. We see a new fresh modern facility with more space, a window for everyone and happy friendly staff. We would like to see a big party with the whole community celebrating 'A New Dundas Manor'!



## Rotary Club of Chesterville & District

Committed to Service Above Self, the Rotary Club of Chesterville & District has given two generous donations to help build the new Dundas Manor. One gift of \$2,500 was from the proceeds of their 2022 Duck Race – a popular event! The second donation of \$650.25 was from their Happy Dollars. At their meetings, Rotarians are encouraged to give a cash donation in honour of something that makes them happy. Such a wonderful idea and a beautiful example of service above self to help the current and future residents of Dundas Manor!

For more information about the new Dundas Manor and the Expanding the Circle of Compassionate Care campaign, please visit [www.dundasmanordream.ca](http://www.dundasmanordream.ca) or contact the WDMH Foundation team at 613-774-2422 ext. 6162 or 6169.



## O'Farrell Financial

O'Farrell Financial is proud to support initiatives and charitable organizations in our communities. Through our Legacy Fund, O'Farrell Financial has committed to support Dundas Manor over the next 10 years. The Dundas Manor has a direct impact on the families of our team members and our clients. As an organization we take great pride in supporting this project.



Join us for The Grand Parade on Saturday, September 16th. It's an old-fashioned, family-friendly walk-a-thon. Local charities who serve and support seniors and their families across Canada are taking part – including right here in Winchester. You can register, solicit pledges and join in the fun. For all the details, visit: <https://thegrandparade.org/location/winchester>.



We are celebrating Dundas Manor's 45 years of caring at Sapphires & Snowflakes on Saturday, November 18. It will be a special evening with great entertainment, delicious charcuterie, a live auction, Fund-A-Need and entertainment by comedy/musical duo Browser & Blue – all in support of the new Dundas Manor. Tickets are available at <https://Sapphires-Snowflakes-for-Dundas-Manor.eventbrite.ca>.

# Legacy Giving for the Future of Care Close to Home

Winchester District Memorial Hospital and Dundas Manor are here for our community. And we, our family, friends, and neighbours are fortunate to have this combined care, close to home. Legacy donors have also been here for our community for generations. They have made the choice to make a legacy gift to the WDMH Foundation to support excellent care right here in our community.

*“You’ll never regret making a legacy gift. Your gift will live on. It’s a lifetime gift.”*

— Mr. W, a WDMH Foundation Legacy Donor

## Join them in supporting care close to home!

You can donate a legacy gift to the WDMH Foundation’s Health Care Undesignated Fund to support both Winchester District Memorial Hospital and Dundas Manor. You, your legacy, and your gift will make a difference in the lives of family, friends, neighbours, and even strangers – by helping to provide compassionate, excellent health care in our community.

Please consider us as you prepare or update your estate and financial plans. This type of support – called legacy giving – is a simple and impactful way for anyone to give.

## ***There are several ways to leave a legacy gift to the WDMH Foundation:***

- Including a gift to the WDMH Foundation in your Will (even 5% leaves an incredible impact!)
- Creating a codicil (which is an addition) to your current Will including a gift to the WDMH Foundation
- Listing the WDMH Foundation as the beneficiary to an investment - such as your RRSP, RRIF, or Tax-Free Savings Account
- Listing the WDMH Foundation as a beneficiary of a life insurance policy – an existing or new policy

And the charitable income tax receipt your estate will receive may help reduce or eliminate your final taxes – leaving more for your loved ones!

All donors who make a legacy gift to the WDMH Foundation are welcomed into our Society of Care.

This society is our way of honouring and expressing our gratitude for your generosity and commitment to local health care. Your wishes will always be respected, and you decide if your acknowledgement and recognition will be private or public.

No matter the reason for giving, whether it be for personal fulfillment, a way to say ‘thank you’, or for the charitable tax benefits, a legacy gift will help provide excellent care for everyone close to home.



*“We need to have local health care... We are proud our mother’s legacy included the WDMH Foundation.”* –

Family of a Legacy Gift Donor  
Mrs. H

# Giftting shares and securities can save you taxes – and make an impact!

If you own securities and they have grown in value, you will be taxed on their capital gains when the securities are sold.

By donating those securities directly to the WDMH Foundation you won't pay any capital gains and you'll make a significant gift at the same time – without affecting your current cashflow.

## How does it work?

*Giftting shares, securities, and mutual funds to the WDMH Foundation is easy!*

You and your broker simply need to complete our Intent Form and send a copy to the WDMH Foundation and a copy to our broker (as noted on the form). Our Intent Form can be found on our website or by contacting Erin Kapcala at 613-292-7468 / [ekapcala@wdmh.on.ca](mailto:ekapcala@wdmh.on.ca)

**You choose if your gift will support Dundas Manor Long-Term Care Home, Winchester District Memorial Hospital – or both!**

Once the shares are transferred to the WDMH Foundation by your broker, you'll receive a charitable income tax receipt for the amount of what the shares are valued at when they settled into the WDMH Foundation's account.

To learn more about this special way of giving and the incredible tax benefits, please reach out to Erin Kapcala, Manager of Major and Planned Giving for the WDMH Foundation at 613-292-7468 / [ekapcala@wdmh.on.ca](mailto:ekapcala@wdmh.on.ca) and to your financial/estate advisor.

**[www.wdmhfoundation.ca](http://www.wdmhfoundation.ca)**

**WDMH Foundation | 566 Louise Street, Winchester, Ontario K0C 2K0**

Charitable Registration Number: 89282 4368 RR0001

This information, obtained from various sources, is believed to be reliable, but its accuracy cannot be guaranteed. This information is not intended as legal, financial or tax planning advice. When considering any planned gift, you should always consult your professional advisors to determine the applicability for your specific circumstances.

## Join Us!

For a **FREE planned and legacy giving event hosted by Bruce Tessier, Wealth Advisor/Portfolio Manager for BMO Nesbitt Burns**, on October 3, 2023, at St. Clare's Anglican Church in Winchester.

These casual information sessions will offer both a basic and more in-depth discussion about this special way to give – and the benefits to you, your loved ones, and our community. **It is a wonderful way to learn more information, enjoy delicious treats, and socialize.**

To RSVP or to learn more, please contact Erin Kapcala, Manager of Major and Planned Giving for the WDMH Foundation at 613-292-7468 (call or text) / [ekapcala@wdmh.on.ca](mailto:ekapcala@wdmh.on.ca) – **please reserve your spot quickly, as space is limited for this special event.**

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BMO Nesbitt Burns  
The Tessier Group



## We Solved the Mystery

Thank you to everyone who came to support health care close to home at the WDMH Foundation's 1920s Murder Mystery Dinner in June. Together, we solved the mystery and helped to raise funds for our Family Care Fund. We are so grateful to all our guests, sponsors and volunteers for helping to make the evening so special. **The event raised \$40,529!**



Thank you to our generous sponsors!



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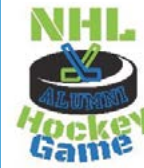


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## Let's Play Hockey!



**It's our very own 'Hockey Night in Winchester'!**

The WDMH Foundation is pleased to announce its first-ever NHL Alumni Hockey Game in support of the WDMH Foundation. And the best news? You can play! This is your chance to lace up with superstars like Chris Neil and Guy Carbonneau.

The event will take place on Saturday, October 14th at the Joel Steele Community Centre and Sam Ault Arena in Winchester. Doors open at 6:30 pm and the game starts at 7:30 pm.

There are 32 positions available to join the NHL Alumni players on and off the ice. To qualify to play, there is a \$250 registration fee, and players can either give or fundraise a minimum of \$750 more (as a minimum of \$1,000 in needed to qualify to play). We also invite the community to come and watch the game. Tickets to watch the game are \$35 each. For \$100, you can purchase a VIP ticket that also includes a Meet and Greet with the NHL Alumni players after the game.

To register as a player and set up your fundraising page, visit: <https://bit.ly/wdmhhockey-registration>. (Please note that the NHL alumni celebrity roster is subject to change.) To purchase regular or VIP tickets, visit: <https://bit.ly/wdmhhockey-tickets>.

## Keep In Touch

**We'd love to keep in touch!** You can help today by volunteering, hosting a fundraising event, or making a donation. Whatever you would like to do, we'd love to chat. Thank you!

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